



# Bethells Beach Surf



## Life Saving Newsletter

December 2011



Hi all

Well here we all are, now waiting for Santa and who would have guessed that we would have kicked off the season as well as we have.

If you don't know by now Bethells is hosting another lifeguard exam, this time for our 30+ candidates!

It's this Sunday (18<sup>th</sup> Dec) and all that hard work will pan out to another increase to the patrols. Well done to Lauren for managing to negotiate this for us and also well done to everyone who has been participating, be that as an instructor or a candidate. To be honest it has been mind-blowing seeing this number of candidates, our biggest induction ever, let alone the size of the training weekend.

Many, many thanks to Christine for coordinating Jandal Day (or week). Massive effort that is showing the fruits of success for us. From just the door knocking we have raised +\$4,000 and we are still waiting for our cut from the actual collections from the day.

From part of the moneys collected I have put an order through for 50 new Lifeguard rash-shirts which has cost \$1,250.00. I hope to have these soon however early discussions with SLSNZ appear that again there maybe shortages of uniform stock again, let's hope not.

Junior surf is going gang-busters, lots of new families and lots of enthusiastic kids which is fantastic to see.

Last weekend was their first carnival which I understand went very well and once again the other clubs would have experienced the Bethells culture which they are very envious of.

From the senior competitions, already there has been two IRB events and the rowers are about to partake in their second as well. Let's not forget the great results for Bryn and all the guys who competed in the Pool Champs early in the season, I believe a few people were a tad taken back when the team rocked up, let alone winning a few medals!

Last thing, from a patrolling perspective if you are rostered on a patrol please ensure that you turn up or at least contact your PC and try to arrange a sub. **Don't assume** that it will be ok and that you won't be missed, you are and in the case of last weekend, were.

Each of the patrols has been set up to have at least 20 people on them, last weekend we had three Lifeguards on Saturday and Sunday we started with three again, two of them were not from that patrol! Thankfully another four turned up later in the day however it puts pressure on the patrol and potentially exposes us to a breach of patrol which has both a funding effect and would knock our chances of winning Club of the Year and Best Patrolled Beach.

Please have a look at the rosters (they are on the website) and lock in what days you are on patrol now.

Thanks again for the great start to the season and have a very merry Christmas and New Year.

Dave

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## Bethells Senior Sports Update Dec 2011-12-07

### IRB Racing

U21's & Seniors competed in their first IRB race at Omaha (12th Nov) for the new season, which is the first of 4 rounds of the BP Surf Rescue Series. Their next race will be on the 10th & 11th Dec at Whangamata (Round 2 NI Champs), where they will build on the experience from Omaha. Its Early days yet for the Bethells crews who are up against season competitors. This has been no obstacle though and improvements in their skills are beginning to show, with extra training and the emergence of a desire to do well.

### Teams Entering Whangamata

Senior Team Bethells A

Kylan, Mason & Rory

U21's Team Bethells B

Phil, Ryan, Luke & Josh Whittington (patient)

Note:

JK unable to make this event due to work commitments (which he was gutted about) but thank you for assistance so far.

## Takapuna Summer Training

United Piha have invited Bethells to join them at Takapuna for Summer training (please see notice below), the idea behind this is to provide the skills required for those who wish to compete in future (senior) competitions. It is also for those who would like to find out more about the skills training on offer and possibly have ago, you never know until you try!

We are extremely lucky to have this opportunity available, training is carried out by 'Ariki' who has competed at a top level in the areas being taught.

I have attached the notice (below) issued by United for more information.

Any questions please feel free to contact me Adi on 021 170 5204



## United Piha Notice

### *ATTENTION MEMBERS!!!!*

*Summer club training will be held every Thursday at Takapuna Beach starting at 5.30pm, from next week (6th October) onwards.*

*These sessions will be open to ALL club members and will cover:*

- general fitness*
- open water swimming*
- board/ski paddling*

*Please meet Ariki at the boat ramp at Takapuna Beach at 5.15pm for a 5.30pm start. If you are running late/held up by traffic - look for the squad along the beach towards the toilet block.*

### *What to bring?*

- running gear (incl shoes)*
- togs and goggles*
- warm but non-restrictive paddling gear (full wetsuits are not ideal)*

- *drink bottle*
- *warm gear for afterwards*

*You are encouraged to car pool as parking at Takapuna can be limited, and respect the parking by-laws!! Sessions will be finished by 7pm or slightly earlier if conditions are unpleasant.*

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Council contractors are programmed to undertake works on Friday 16 December 2011 to re-contour the stream bank to provide vehicle access over the Christmas break. If weather or stream conditions do not permit work to be undertaken on this day works will be carried out at the next suitable day.

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***For any qualified life guard's that wish to have a red and yellow uniform jacket you are able to purchase one through Adrienne- please email Adrienne ([shane.dwyer@ihug.co.nz](mailto:shane.dwyer@ihug.co.nz)) to order and arrange payment***

- ***You must state your FULL name, SIZE and contact details***
  - ***The jackets will cost approx. \$47***
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### **Note for patrols:**

- **There is now a box located outside of first aid room on the table for patrol paper work (white and green). Please ensure the paperwork is FULLY COMPLETED and place here after patrol.**
  - **SUBS are a MUST if you are unable to make it to your patrol. Patrol numbers and hours need to be kept up to help Bethells get club of the year again which also aids the club to get more funding!!**
  - **Recycling in blue and yellow bins is for plastic and glass only. Please do NOT put general rubbish in these bins or they will not be emptied.**
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**REMINDER: ANYONE** who is staying at the club the first aid room is for first aid **ONLY** and is **NOT** to be used as an area to sleep. Thank you

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*If anyone wishes to add anything to future newsletters, please email lilly ([lillylwheeler@gmail.com](mailto:lillylwheeler@gmail.com)) with the information in a word document format.*

**MERRY CHRISTMAS AND A  
HAPPY NEW YEAR!**

